

JEREMIAH'S ITALIAN ICE - NUTRITIONAL AVERAGES

Sizes	Product	Serving Size (oz.)	Calories	Total Fat (grams)*	Sat. Fat (grams)*	Cholesterol (mg's)	Carbs (grams)	Sugars (grams)
ITALIAN ICE								
Small	Italian Ice	10	264-322	0-0	0-0	0-0	60-73	58-70
Medium	Italian Ice	15	396-483	0-0	0-0	0-0	90-110	86-106
Large	Italian Ice	19	501-612	0-0	0-0	0-0	114-139	109-134
CREAM-BASED ITALIAN ICE (Caffe Latte, Cake Batter, Chocolate, Cookie Butter, Cookies & Cream, Horchata, Pumpkin Pie, Salted Caramel, Scoop Frog)								
Small	Italian Ice	10	330-403	6-7	4-5	23-29	62-75	57-69
Medium	Italian Ice	15	495-605	9-11	6-7	35-43	93-113	85-104
Large	Italian Ice	19	627-766	12-14	7-9	45-54	117-143	108-132
SUGAR-FREE ITALIAN ICE								
Small	Italian Ice	10	138-168	0-0	0-0	0-0	46-56	0-0
Medium	Italian Ice	15	207-252	0-0	0-0	0-0	69-85	0-0
Large	Italian Ice	19	262-320	0-0	0-0	0-0	88-107	0-0
GELATIS								
Small	Gelati	10	396-484	12-15	8-9	47-57	63-78	56-69
Medium	Gelati	15	594-726	18-22	11-14	70-86	95-116	84-103
Large	Gelati	19	752-919	23-28	14-17	89-109	121-147	107-130
CREAM-BASED ICE GELATIS								
Small	Gelati	10	436-532	16-19	10-12	61-75	65-79	56-68
Medium	Gelati	15	653-798	24-29	15-18	91-112	97-118	83-102
Large	Gelati	19	827-1011	30-37	19-23	116-142	123-150	106-129
SOFT ICE CREAM								
Small	Ice Cream	10	585-716	31-38	18-23	115-140	69-84	55-67
Medium	Ice Cream	15	878-1073	46-57	28-34	172-210	103-126	82-101
Large	Ice Cream	19	1112-1360	59-72	35-43	218-266	130-159	104-127

NOTE: The nutritional information provided herein is estimated and is intended for general information purposes only, not for specific dietary programs. Small variations may occur based upon flavors and preparation.

*Fat content may vary based upon the inclusion of specialty ingredients in certain flavors.